

Emergency Stop

Avoiding

Concentration – MSPL – Anticipation – Correct speed

Quick Reactions

No mirrors

Braking

Firm progressive braking – Avoid skidding – ABS

Steering

Both hands firmly on the wheel

May pull under harsh braking – especially if wet!

Only steer if absolutely necessary

Clutch

Press down just before stopping – Use maximum engine braking

Secure car

Handbrake – Neutral – Release pedals

Moving Off

Observation – ALL 8 points – Could be in middle of road

When NOT to do an Emergency Stop

Missed junction – See friends – Rabbits/Pheasants etc...

Dangerous to other road users